



## Car Maintenance and Safety Workshop for Teen Drivers

5. Purchase or acquire through donations windshield washer fluid and shop rags
6. Advertise the workshop and get youth sign ups
7. Reserve a large section of the parish parking lot
8. Coordinate with adult volunteers the order of events for the workshop and split up tasks and roles

### **Workshop Day:**

#### **Adult Team Set up:** 30 Minutes

- Mark off parking lot, set up kits, sign in station, snacks, demo vehicles

#### **Youth Arrival:**

- Youth are checked in, if they brought a demo vehicle, they are instructed where to park
- Park the vehicles based on the groups and activities, give enough space to work safely around each car but not so much space that participants can't hear instructions

- Gather for an opening prayer. If the pastor is present – invite him to lead the prayer.

- Optional Scripture passages for an opening prayer or another suitable time today:

“The Lord will guard you from all evil; he will guard your soul. The Lord will guard your coming and going both now and forever.” – Psalm 121:7-8

“The Lord is good to those who wait for him, a refuge on the day of distress, taking care of those who look to him for protection.” – Nahum 1:7

“Do not fear: I am with you; do not be anxious: I am your God. I will strengthen you, I will help you, I will uphold you with my victorious right hand.” – Isaiah 41:10

#### **Roadside Kit Exploration:** 15 Minutes

- This part is so fun! Invite the youth to spread out, open their kits, and explore the items.
- Encourage adult mentors to walk around and engage with the youth, explaining what items are used for. Everyone should be encouraged to put on their safety vests, set up their safety triangle, keep out their tire pressure gauge, open their first aid kit, etc.

#### **Do you know?:** 15 Minutes

- Youth are invited to go to their own vehicle or one of the demo vehicles to figure out
- How to pop the hood
- How to open the gas tank

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- How to check the oil
- Add washer fluid
- Where would you add coolant if needed? How do you know?
- Where is the spare tire and jack? Find them, get the jack out.
- How do you know if your vehicle needs an oil change?
- Locate the owner's manual for the vehicle
- Locate your driver's license or learner's permit along with insurance card and vehicle registration
- What date does your Virginia state inspection expire?
- Check the air pressure using your tire gauge in all 4 tires. How do you know what the air pressure is supposed to be for your vehicle's tires? Locate PSI information inside the driver's door.

### **Group Work:** 2 Rotations of 30 Minutes Each

**Rotation 1:** Jack up one of the demo cars (this should be done in a group of 3-4 youth with at least one adult monitoring safety.) Remove a tire, learn where to put the jack under the car for each of the four tires. How to jack up the car safely, how to remove the tire. Locate the spare tire. Discuss how to put on the spare tire. Replace the original tire learning how to put it on properly and how to lower the jack. Discussion should also include how to safely pull off the road with a flat tire mentioning various safety tools in their roadside kit.

**Rotation 2:** How to jump start a vehicle and how to check the oil. The kits include jumper cables. Two demo cars are used to show how to safely handle jumper cables and when one would use them. If there's still time as the first rotation may not be finished with the tire, this is a good opportunity to review how to check the oil and other fluid levels as well as answering other questions that may arise.

### **What if I'm in an accident?:** 20 Minutes

This is a great opportunity for a large group discussion/review of steps to take when in an accident.

### **Closing Prayer Time:** 10 Minutes

Pass out saint visor medals. If your parish priest is present, ask him to bless the medals and the new drivers. If not, ask him to bless the medals in advance, and pray together with the young people for their safety and in thanksgiving for this important milestone in their lives.